



# Ysgol yr Hafod Johnstown

## **Child Friendly Anti-Bullying Policy**

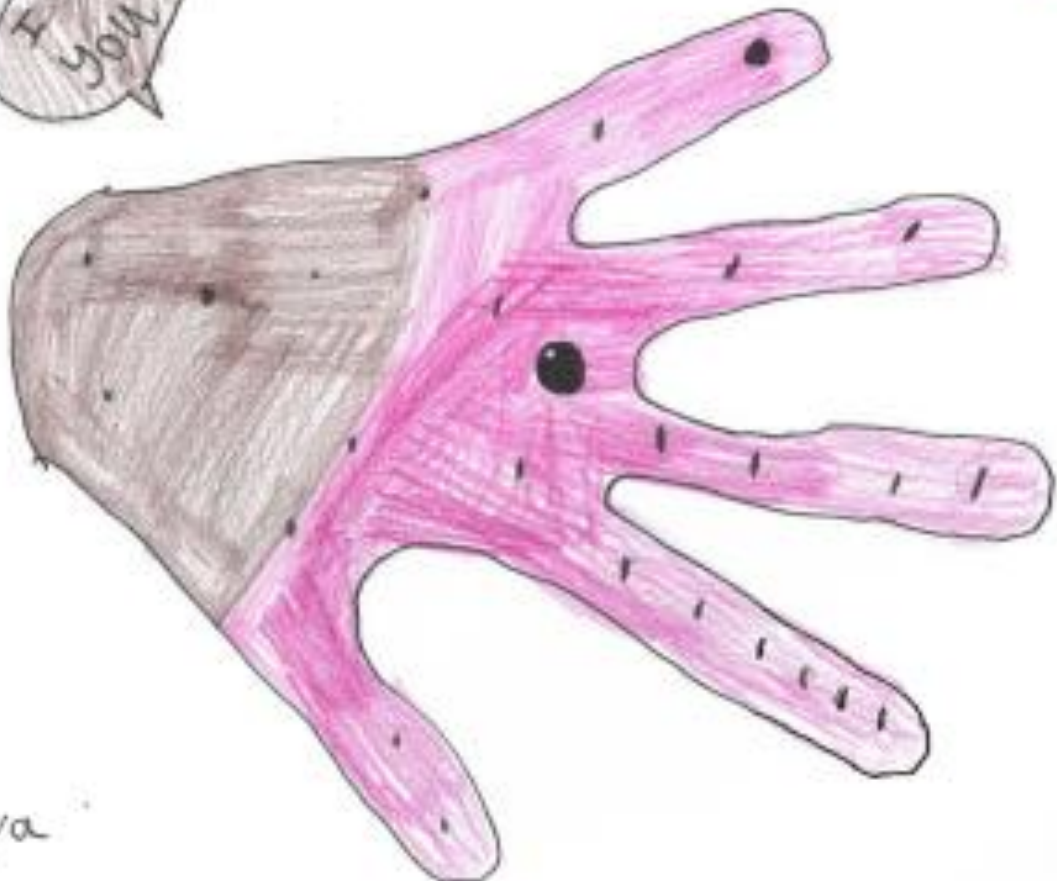
**Date: February 2023**

**Date Reviewed: 2026**

**Review Body: Staff/Governors**

# Anti BULLYing

## Policy



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## Ysgol Yr Hafod, Johnstown – Anti Bullying Policy

This policy has been written by the staff and pupils from the School Council.

Ysgol Yr Hafod is a place where everyone has the right to be themselves. It is a place where everyone should feel safe, happy and understood. Everyone in our school should be included, treated respectfully and with kindness. We are friendly, helpful and supportive to each other. We hope to create responsible, confident learners who are aspirational and thrive on challenge.

We have considered **The United Nations Convention on the Rights of the Child** when writing this policy, these are the most relevant articles;

### **Article 12**

*'You have the right to be listened to and taken seriously.'*

### **Article 19**

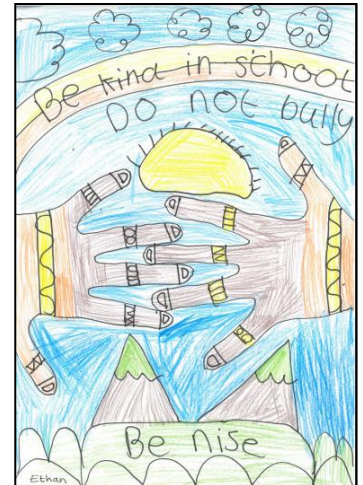
*'You have the right to be protected from being hurt or badly treated.'*

### **Article 37**

*'You have the right not to be punished in a cruel or hurtful way.'*

### **Article 39**

*'You have the right to special help if you've been hurt or badly treated.'*



### **What is bullying?**

Bullying is when a person is hurtful or unkind to someone else on purpose and usually more than once. Bullying can be done by one person or by a group of people.

A useful way to remember bullying is:

**S**everal **T**imes **O**n **P**urpose

### **Types of bullying and suggested examples;**

**Physical** - fighting, kicking, punching, biting

**Verbal** – name calling, threats, mean words, swearing, hurting someone's feelings

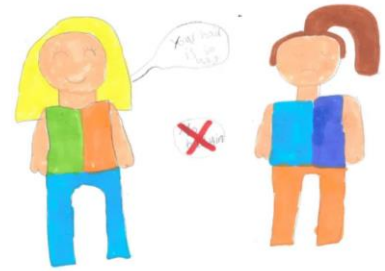
**Social** – ignoring someone/socially excluding someone, lying or spreading rumours, public humiliation, playing nasty jokes

**Cyber** – sending unkind messages or threats on social media to a person or about another person

**Racial or Cultural** – when you are mean to someone or treat someone differently because of their race, religion or culture

## What should you do if you are being bullied?

- Ask the bully to stop
- Walk away from the bully – do not retaliate
- Tell someone or write it down if you are worried to talk
- You can call Childline for advice and support on 0800 1111

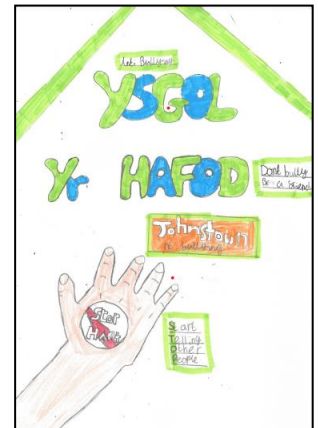


## Who do you tell if you are being bullied?

- Friend or classmate
- Teacher or any staff member
- Parent or another family member
- Sibling
- Write it down - if you are worried to speak up then write it down and post it in the class 'Feelings box'

## What do you do if you see someone else being bullied?

- Tell the bully to stop if it is safe to do so
- Comfort the person who has been bullied, reassure them that it is not their fault
- Tell an adult straight away – Don't stay silent as the bullying might keep happening



It is everyone's responsibility to aim to prevent occurrences of bullying and to deal with any incidents quickly and effectively.

## The role of the School Council;

- Be a listening ear and report any incidents of bullying
- Organise an Anti- bullying week annually/bi- annually
- Put up Anti bullying posters around the school
- Regular meetings so children have a voice to discuss issues in school



## Adults in school will always take bullying seriously

The adults will talk to the bully and explain their unkind behaviour MUST stop. They will be given warnings, consequences and we will talk to parents, Hopefully, their behaviour will change and they begin to realise that bullying will not be tolerated at Ysgol Yr Hafod, Johnstown. The teacher will have regular check ins to make sure all parties feel safe and supported in school.

Signed: \_\_\_\_\_ Chair of Governors

Date: \_\_\_\_\_